# Sandbagging for Flood Protection



Lake County Stormwater Management Commission

Kurt Woolford, P.E., CFM Chief Engineer





#### **General Safety Precautions**

- Filling sandbags is a two or three-person operation. Rotate people to avoid muscle strain and injury.
- Use proper lifting techniques: lift with your legs, bend at your knees, kneel or sit while holding the bag.
- Dress in layers
- Reflective at night
- Work gloves
- Safety goggles
- Sun protection
- Food and water



# Typical Flood Response Injuries

- Physical and mental stress
- Heat- and Cold-related injuries
- Sprains
- Strains
- Lacerations
- Blisters



#### Dangers of Flood Response

- Icy/muddy conditions
- Working around electrical equipment and machinery
- Swift water movement
- Contaminants
- Temperature (hot and cold)
- Debris
- Sand boils



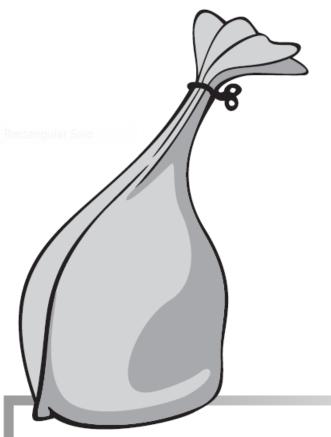
# Sandbag Size and Fill Materials

- Bag sizes can vary
- Fill with any earth material
- Sand is easiest to handle
- DO NOT OVERFILL!



- ▶ Limit filled bag weight to 35–40 pounds
- Do not need to be tied, although they may be tied near the top





YES! Fill the sandbag about one-half full and tie near the top, if it needs to be tied







# Tied Sandbags

- Advantages
  - Dependable no spillage
  - Adaptable mobile
- Disadvantages
  - More Labor Intensive
  - Slower to Construct
  - Promotes overfilling



# Un-tied sandbags are faster and less labor intensive. Diagonal Pass.



#### Site Selection and Preparation

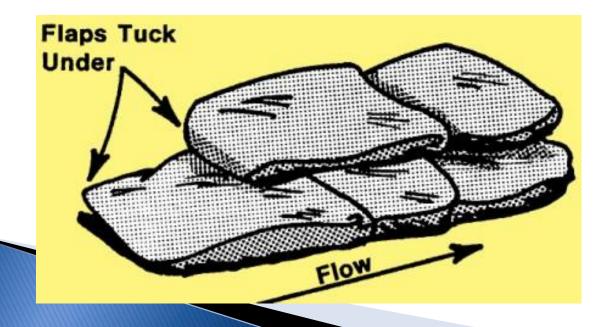
- Consider the ground elevation, ground condition, obstructions, and alignment
- For stability, the barrier should be kept as short and low as possible
- Do NOT build against a building wall
- If possible, plan to leave at least 8 feet between the base of the barrier and any building or obstructions
- Interior drainage and pumping





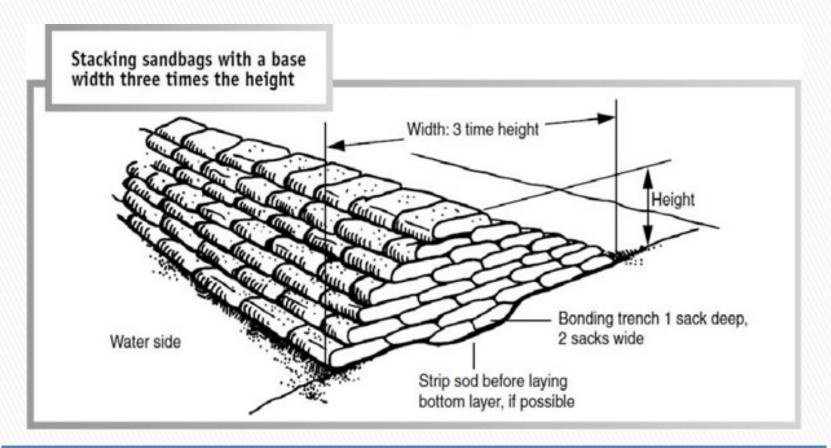
# Stacking Sandbags

- Place flat and lengthwise with the barrier
- Stagger in all three directions
- Avoid continuous joints
- Tuck flaps under the bag
- Foot-tamp compaction to minimize gaps





# Pyramid Stacking



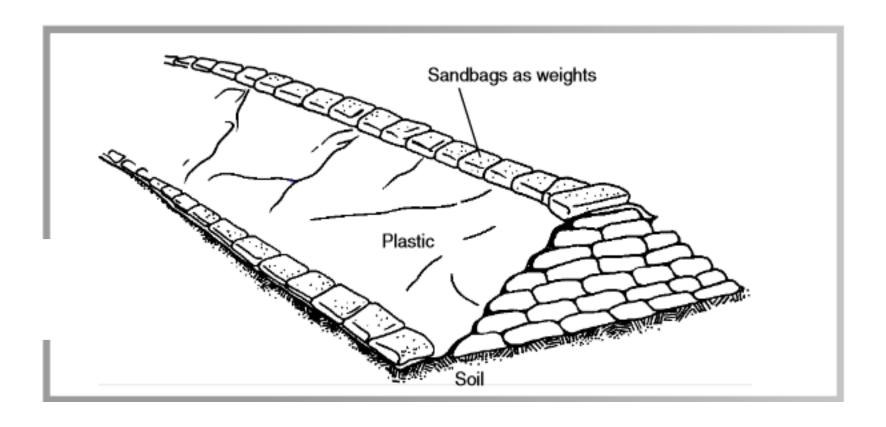
3 to 1 Base/Height Ratio

# Single Row Stacking

- Limit barrier height to no more than a few bags due to instability and hydrostatic pressure
- Proper placing, staggering very important
- Use in flooded backwaters
  - No streamflow velocity
  - No moving/floating debris



#### Stacked Sandbags with Plastic Sheeting





# Materials Needed per 100' Barrier

Barrier Height	Sandbags Required	Tons of (wet) Sand Required	Cubic Yards of Sand Required
1 foot	600	12	7
2 feet	1,000	20	12
3 feet	2,100	42	25
4 feet	3,600	72	42







# Flood Fight Problems

HANDBOOK

FOR

**EMERGENCY FLOOD** 

**PROTECTION** 



US Army Corps of Engineers

U. S. Army Corps of Engineers
Chicago District
111 North Canal Street
Suite 600
Chicago, Illinois 60606



#### Overtopping

Occurs when the water level exceeds the crest elevation of a sandbag barrier.

"Freeboard" is the difference between the forecasted high water level and the <u>lowest</u> point along the top of the sandbag barrier.

Use 1 to 2 feet of freeboard.

Check for low spots.

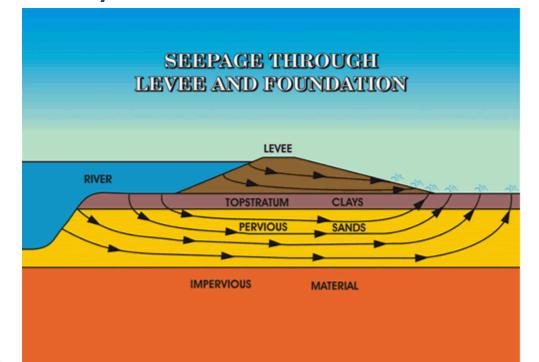


#### Seepage

Percolation of water through or under the barrier.

Seepage is almost impossible to eliminate and any attempt to do so may create a much more

severe condition.



#### Sand Boils

Occurs when the water pressure becomes so extreme that ground water forces its way to the surface, "boiling" out on the interior protected side of a sandbag barrier.

Small clear seepages are common and not cause for alarm.

Dirty/muddy boils indicate underground erosion and weakening of the subsurface.

#### TYPICAL LEVEE CROSS SECTION

#### SAND BOIL DEVELOPMENT

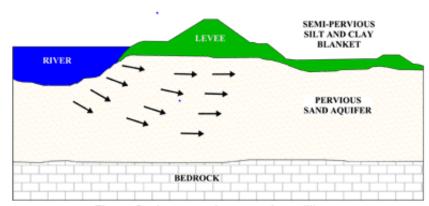


Figure 3a: Levee under normal conditions.

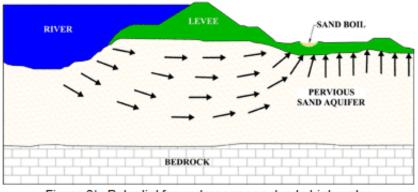


Figure 3b: Potential for underseepage due to high water.

#### Sandbag Barrier Failure



# Example of Sandbag Ring Levee



# Interior Drainage and Pumping



#### Storm and Sanitary Sewers

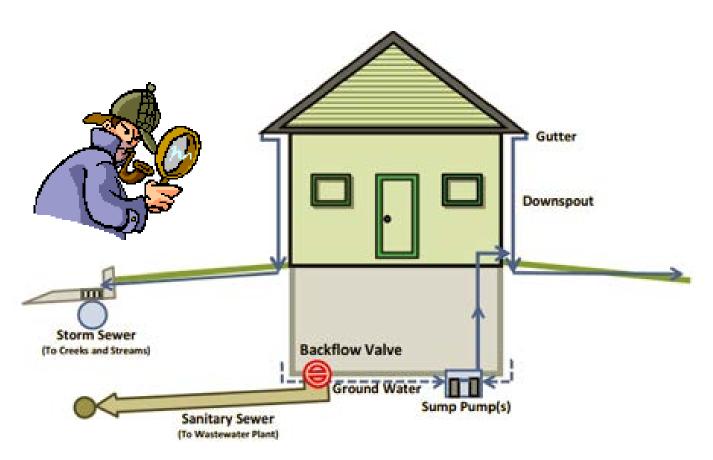
Sewer "back-up" and reverse flow into the protected area. Can be manageable with pumps.

Know where these utilities are and keep a watchful eye. Even closed-lids can be surcharged.





# Surveillance is Key





# Closure of Gaps

Gaps in the sandbag barrier system that are to be left open primarily for traffic and access until flood stage reaches a critical elevation.

Keep the number and size of gaps to a minimum.

Critical understanding what is necessary for sealing the closure

- Time required to deploy workers to the site and conduct closure
- Required materials needed
- How fast the flood water is rising
- How high to build the closure









#### Questions?

Lake County SMC 500 W. Winchester Rd., Libertyville, IL 60048 847/377-7700

www.lakecountyil.gov/stormwater

Kurt Woolford <a href="mailto:kwoolford@lakecountyil.gov">kwoolford@lakecountyil.gov</a>

